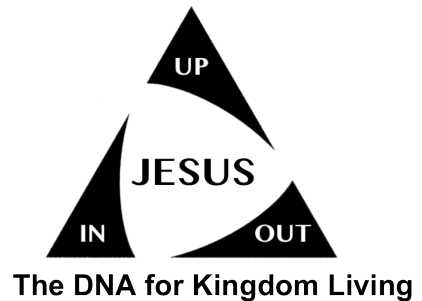


# Command 1: Testify

Mark 16.15

## First Third - Look Back:

1. Member Care: Ask each person how they're doing. (Give introductions if this is your first meeting)
2. Worship and Prayer
3. Loving Accountability (Skip this if it's your first meeting)
4. Vision Casting: Explain **Jesus-Up-In-Out**. Share the multiplication strategy of your group. (You can watch a video on Multiplication Strategy at [www.jmovement.net](http://www.jmovement.net))



## Second Third - Look Up:

5. New Lesson: Tell and/or read the story about the Demoniac from Mark 5.1-20  
**Head: Summary and Facts** (What does the man desire to do when Jesus enters his life? What does Jesus tell him to do?)  
**Heart: Emotions** (When Jesus gives the man his final instructions, how do you think he felt? How does this story make you feel?)  
**Hands: Response** (Do you want Jesus to enter your life and control it like he did the Demoniac? Are you willing to share your story the way the Demoniac did?) Make a list of people you could share your story with. Aim for 20.

## Final Third - Look Ahead:

6. Practice: Explain the One-One-One method. Practice sharing your story.  
**One story:** Write your story on half a sheet of paper -- no more. Divide your story into three parts: Before Jesus' rule in your life, how you received His forgiveness for your sins and asked Jesus to rule in your life, and how you have changed since you surrendered your life to Him.  
**One minute:** Share your story in one minute or less. Use three different chairs as you share. Sit in the first chair to share your life before Christ. Move to the middle chair and share how Jesus took control in your life. Finally, sit in the third chair and share how Jesus has changed your life since you surrendered to Him.  
**One question:** Ask the person you're sharing with this question: ***Do you want Jesus to call all the shots in your life?*** This one question is the essence of the good news.
7. Goal Setting and Prayer.  
**UP & IN:** Continue to follow Jesus and return for fellowship and training.  
**OUT:** Pray and ask for the Holy Spirit's leading to help you select five people to share your story with this week. Aim to share your story with those five people this week.  
To find this study online, go to [www.juio.net](http://www.juio.net) - Command 1 (v 3.1)